



Dear Parent / Carer,

You are receiving this email as your child has started school in the reception year. The 0-19 Public Health Service, Growing Healthy Sunderland, offer health screening to all school aged children, which includes a Health Questionnaire for parents / guardians to complete.

The Questionnaire can be accessed via the secure link below and should take no longer than 2 minutes to complete. Within the questionnaire you will need 'find school' by entering your school code which is 108 783.

Access the secure online questionnaire via this link
<https://fx.hdft.nhs.uk/ReceptionHealth/Form1>

Alternatively you can contact us on the contact the 0-19 team on 03000 031 552 8am to 7pm Monday to Friday or 9am to 1pm Saturday to request a paper version and return it to us via your child's school.

The questionnaire has been designed to inform us of any concerns you may have regarding your child's health and wellbeing.

If you do not wish your child to take part in any aspect of the screening offered please contact Growing Healthy Sunderland by email to spoc.hdftsunderland@nhs.net or by telephoning 03000 031 552.

Growing Healthy Sunderland store your child's information as part of their local child health record, all information is treated confidentially, anonymously and accessible only to authorised staff.

Further Information

Please find more information detailing what other support we offer children, young people and families throughout their school years on the following link.

<https://www.hdft.nhs.uk/services/childrens-services/growing-healthy-sunderland/>

You can also access information regarding fun ideas to help your children stay healthy at <https://www.nhs.uk/change4life>

Yours faithfully,

Sunderland Growing Healthy Team



@HarrogateNHSFT



HarrogateDistrictNHS



www.hdft.nhs.uk