

# Sunderland North (SR5 and SR6)

## Active Families SEND

**Southwick Community Centre, Southwick Road, Sunderland, SR5 2AB**

Thursday 24th July 10am – 2pm

Friday 25th July 10am – 2pm

Monday 28th July 10am – 2pm

Friday 1st August 10am – 2pm

Monday 4th August 10am – 2pm

Friday 8th August 10am – 2pm

Monday 11th August 10am – 2pm

Friday 15th August 10am – 2pm

Monday 18th August 10am – 2pm

Friday 22nd August 10am – 2pm

Tuesday 26th August 10am – 2pm

Wednesday 27th August 10am – 2pm

Thursday 28th August 10am – 2pm

Friday 29th August 10am – 2pm

Monday 1st September 10am – 2pm

Tuesday 2nd September 10am – 2pm

Age 6-11yrs

To book your place

Website: [www.bookwhen.com/activefamilies](http://www.bookwhen.com/activefamilies)

Email: [wendy@activefamiliesne.co.uk](mailto:wendy@activefamiliesne.co.uk)

## Active Future

**Hylton Castle Primary School, Caithness Road, Sunderland, SR5 3RE**

Friday 25th July 10am – 2pm

Monday 28th July 10am – 2pm

Tuesday 29th July 10am – 2pm

Wednesday 30th July 10am – 2pm

Thursday 31st July 10am – 2pm

Friday 1st August 10am – 2pm

Monday 4th August 10am – 2pm

Tuesday 5th August 10am – 2pm

Wednesday 6th August 10am – 2pm

Thursday 7th August 10am – 2pm

Friday 8th August 10am – 2pm

Monday 11th August 10am – 2pm

Tuesday 12th August 10am – 2pm

Wednesday 13th August 10am – 2pm

Thursday 14th August 10am – 2pm

Friday 15th August 10am – 2pm

Age 5 – 11yrs

To book your place

Website: <https://shorturl.at/NwOrN>

Email: [afsunderland@activefuture.info](mailto:afsunderland@activefuture.info)

Telephone: 07964697411

## **Community Opportunities**

### **Community Opportunities, Downhill Community Hub, Kilarney Square, Downhill, SR5 4AY**

Friday 25th July 11am – 3pm

Monday 28th July 11am – 3pm

Tuesday 29th July 11am – 3pm

Friday 1st August 11am – 3pm

Monday 4th August 11am – 3pm

Tuesday 5th August 11am – 3pm

Friday 8th August 11am – 3pm

Monday 11th August 11am – 3pm

Tuesday 12th August 11am – 3pm

Friday 15th August 11am – 3pm

Monday 18th August 11am – 3pm

Tuesday 19th August 11am – 3pm

Friday 22nd August 11am – 3pm

Tuesday 26th August 11am – 3pm

Friday 29th August 11am – 3pm

Monday 1st September 11am – 3pm

Age 6-12yrs

To book your place

Telephone: 0191 5373231

Email: [lisapeggie@communityopportunities.co.uk](mailto:lisapeggie@communityopportunities.co.uk)

## **Community Opportunities**

### **Hylton Castle, Craigavon Road, SR5 3PA**

Tuesday 29th July 11am – 3pm

Wednesday 30th July 11am – 3pm

Thursday 31st July 11am – 3pm

Friday 1st August 11am – 3pm

Tuesday 5th August 11am – 3pm

Wednesday 6th August 11am – 3pm

Thursday 7th August 11am – 3pm

Friday 8th August 11am – 3pm

Tuesday 12th August 11am – 3pm

Wednesday 13th August 11am – 3pm

Thursday 14th August 11am – 3pm

Friday 15th August 11am – 3pm

Tuesday 19th August 11am – 3pm

Wednesday 20th August 11am – 3pm

Thursday 21st August 11am – 3pm

Friday 22nd August 11am – 3pm

Age 5-11yrs

To book your place

Telephone: 0191 5373231

Email: [lisapeggie@communityopportunities.co.uk](mailto:lisapeggie@communityopportunities.co.uk)

## **Creative Seed – Carnival House**

### **Carnival House and Kitchen, The Kings Road, SR5 2LS**

Monday 28th July 10am – 2pm

Wednesday 30th July 10am – 2pm

Thursday 31st July 10am – 2pm

Monday 4th August 10am – 2pm  
Wednesday 6th August 10am – 2pm  
Thursday 7th August 10am – 2pm  
Monday 11th August 10am – 2pm  
Wednesday 13th August 10am – 2pm  
Thursday 14th August 10am – 2pm  
Monday 18th August 10am – 2pm  
Wednesday 20th August 10am – 2pm  
Thursday 21st August 10am – 2pm  
Wednesday 27th August 10am – 2pm  
Thursday 28th August 10am – 2pm  
Monday 1st September 10am – 2pm  
Wednesday 3rd September 10am – 2pm

Age 5-12yrs

To book your place

Email: [bookings@carnivalhouse.co.uk](mailto:bookings@carnivalhouse.co.uk)

Website: [www.creativeseed.org/book\\_online](http://www.creativeseed.org/book_online)

Telephone: 0191 5144300

## **Everyone Active Youngers**

### **Sunderland Aquatic Centre, Stadium Park, Sunderland, SR5 1SU**

Monday 28th July 10am – 2pm  
Tuesday 29th July 10am – 2pm  
Wednesday 30th July 10am – 2pm  
Thursday 31st July 10am – 2pm  
Monday 4th August 10am – 2pm  
Tuesday 5th August 10am – 2pm  
Wednesday 6th August 10am – 2pm  
Thursday 7th August 10am – 2pm  
Monday 11th August 10am – 2pm  
Tuesday 12th August 10am – 2pm  
Wednesday 13th August 10am – 2pm  
Thursday 14th August 10am – 2pm  
Monday 18th August 10am – 2pm

Tuesday 19th August 10am – 2pm

Wednesday 20th August 10am – 2pm

Thursday 21st August 10am – 2pm

Age 4-11yrs

To book your place

Telephone: 0191 514 4300

## **Everyone Active Olders**

**Sunderland Aquatic Centre, Stadium Park, Sunderland, SR5 1SU**

There will be swim/gym sessions available throughout the summer holidays

Age 11-16yrs

To book your place

Telephone: 0191 514 4300

## **Football Fun Factory**

**Castleview Enterprise Academy, Cartwright Road, Castletown, Sunderland, SR5 3DX**

Monday 4th August 9am – 3.30pm

Tuesday 5th August 9am – 3.30pm

Wednesday 6th August 9am – 3.30pm

Monday 11th August 9am – 3.30pm

Tuesday 12th August 9am – 3.30pm

Wednesday 13th August 9am – 3.30pm

Monday 18th August 9am – 3.30pm

Tuesday 19th August 9am – 3.30pm

Wednesday 20th August 9am – 3.30pm

Thursday 21st August 9am – 3.30pm

Friday 22nd August 9am – 3.30pm

Monday 25th August 9am – 3.30pm

Tuesday 26th August 9am – 3.30pm

Wednesday 27th August 9am -3.30pm

Thursday 28th August 9am – 3.30pm

Age 5-12yrs

To book your place

Website: [www.thefootballfunfactory.co.uk](http://www.thefootballfunfactory.co.uk)

Email: [adamhusain@thefootballfunfactory.co.uk](mailto:adamhusain@thefootballfunfactory.co.uk)

Telephone: 07908804436

## **Foundation of Light**

**Beacon of Light Stadium Way, Monkwearmouth, Sunderland SR5 1SN**

Monday 28th July 10am – 3pm

Tuesday 29th July 10am – 3pm

Wednesday 30th July 10am – 3pm

Friday 1st August 10am – 3pm

Monday 4th August 10am – 3pm

Tuesday 5th August 10am – 3pm

Wednesday 6th August 10am – 3pm

Thursday 7th August 10am – 3pm

Monday 11th August 10am – 3pm

Tuesday 12th August 10am – 3pm

Wednesday 13th August 10am – 3pm

Thursday 14th August 10am – 3pm

Monday 18th August 10am – 3pm

Tuesday 19th August 10am – 3pm

Tuesday 26th August 10am – 3pm

Wednesday 27th August 10am – 3pm

Age 5-12yrs

To book your place

Website: [www.foundationoflight.co.uk](http://www.foundationoflight.co.uk)

Email: [kayleigh.coates@foundationoflight.co.uk](mailto:kayleigh.coates@foundationoflight.co.uk)

Telephone: 0191 5634777/ 07908804436

## **Grace House (SEND)**

**Grace House, Bardolph Dr, Sunderland SR5 2DE**

Thursday 24th July 12.30pm – 3.30pm

Tuesday 29th July 9.30am – 12.30pm

Thursday 31st July 12.30pm – 3.30pm

Tuesday 5th August 9.30am – 12.30pm

Thursday 7th August 12.30pm – 3.30pm

Tuesday 12th August 9.30am – 12.30pm

Thursday 14th August 12.30pm – 3.30pm

Tuesday 19th August 9.30am – 12.30pm

Thursday 21st August 12.30pm – 3.30pm

Tuesday 26th August 9.30am – 12.30pm

Thursday 28th August 12.30pm – 3.30pm

Tuesday 2nd September 9.30am – 12.30pm

Age 4-18yrs

Website: <https://bookwhen.com/gracehouse>

Email: [info@gracehouse.co.uk](mailto:info@gracehouse.co.uk)

Phone: 01914352088

## **Kalma Life (Youngers)**

**Redby Academy, Fulwell Road, Roker, SR6 9QP**

Thursday 24th July 9.30am – 1.30pm

Friday 25th July 9.30am – 1.30pm

Monday 28th July 9.30am – 1.30pm

Tuesday 29th July 9.30am – 1.30pm

Wednesday 30th July 9.30am – 1.30pm

Thursday 31st July 9.30am – 1.30pm

Friday 1st August 9.30am – 1.30pm

Monday 11th August 9.30am – 1.30pm

Tuesday 12th August 9.30am – 1.30pm

Wednesday 13th August 9.30am – 1.30pm

Age 4-12yrs

To book your place

Website: [kalmalifeuk.co.uk/sunderland](http://kalmalifeuk.co.uk/sunderland)

## **Kalma Life (Olders)**

**Club Zest, Sea Road, Fulwell, SR6 9DB**

Tuesday 29 July 2pm – 4pm

Monday 11th August 2pm – 4pm

Age 11-18yrs

To book your place

Website: [kalmalifeuk.co.uk/sunderland](http://kalmalifeuk.co.uk/sunderland)

## **Keep Active NE**

**Northern Saints Primary School, Rotherham Road, Redhouse, SR5 5QL**

Monday 4th August 10am – 2pm

Tuesday 5th August 10am – 2pm

Wednesday 6th August 10am – 2pm

Thursday 7th August 10am – 2pm

Monday 11th August 10am – 2pm

Tuesday 12th August 10am – 2pm

Wednesday 13th August 10am – 2pm

Thursday 14th August 10am – 2pm

Monday 18th August 10am – 2pm

Tuesday 19th August 10am – 2pm

Wednesday 20th August 10am – 2pm

Thursday 21st August 10am – 2pm

Tuesday 26th August 10am – 2pm

Wednesday 27th August 10am – 2pm

Thursday 28th August 10am – 2pm

Friday 29th August 10am – 2pm

Age 4-12yrs

To book your place

Website: [www.keepactive.org.uk](http://www.keepactive.org.uk)

Email: [stacy@keepactive.org.uk](mailto:stacy@keepactive.org.uk)

Telephone: 01915194322/07497360083

## **Leisure United**

**Downhill Football Hub, Kingsway Road, Downhill, Sunderland SR5 4BB**

Monday 28th July 10am – 3pm

Tuesday 29th July 10am – 3pm  
Wednesday 30th July 10am – 3pm  
Thursday 31st July 10am – 3pm  
Monday 4th August 10am – 3pm  
Tuesday 5th August 10am – 3pm  
Wednesday 6th August 10am – 3pm  
Thursday 7th August 10am – 3pm  
Monday 18th August 10am – 3pm  
Tuesday 19th August 10am – 3pm  
Wednesday 20th August 10am – 3pm  
Thursday 21st August 10am – 3pm  
Tuesday 26th August 10am – 3pm  
Wednesday 27th August 10am – 3pm  
Thursday 28th August 10am – 3pm  
Friday 29th August 10am – 3pm

Age 11-16yrs

To book your place

Website: [www.leisureunited.com](http://www.leisureunited.com)

Email: [info.downhill@leisureunited.com](mailto:info.downhill@leisureunited.com)

Telephone: 0191 814 3366

## **MCFC Coaching**

**Castle View Enterprise Academy, Castletown, Hylton Castle, SR5 3DX**

Wednesday 30th July 10am – 3pm  
Thursday 31st July 10am – 3pm  
Friday 1st August 10am – 3pm  
Wednesday 6th August 10am – 3pm  
Thursday 7th August 10am – 3pm  
Friday 8th August 10am – 3pm  
Wednesday 13th August 10am – 3pm  
Thursday 14th August 10am – 3pm  
Friday 15th August 10am – 3pm  
Wednesday 20th August 10am – 3pm  
Thursday 21st August 10am – 3pm

Friday 22nd August 10am – 3pm

Tuesday 26th August 10am – 3pm

Wednesday 27th August 10am – 3pm

Thursday 28th August 10am – 3pm

Friday 29th August 10am – 3pm

Age 4-16yrs

To book your place

Email: [Mcfootballcoaching@gmail.com](mailto:Mcfootballcoaching@gmail.com)

Telephone: 07880348269

## **North East Dance**

### **North East Dance Youth & Wellness Hub, Church Street North, SR6 0DT**

Thursday 24th July 10am – 2pm

Friday 25th July 10am – 2pm

Monday 28th July 10am – 2pm

Wednesday 30th July 10am – 2pm

Wednesday 6th August 10am – 2pm

Thursday 7th August 10am – 2pm

Friday 8th August 10am – 2pm

Monday 11th August 10am -2pm

Tuesday 12th August 10am – 2pm

Wednesday 13th August 10am – 2pm

Wednesday 20th August 10am – 2pm

Friday 22nd August 10am – 2pm

Tuesday 26th August 10am – 2pm

Wednesday 27th August 10am -2pm

Thursday 28th August 10am – 2pm

Friday 29th August 10am – 2pm

Age 8-12yrs

To book your place

Email: [clare@northeastdance.com](mailto:clare@northeastdance.com)

Telephone: 0191 5657270

## **SCAG - Sunderland Community Action Group**

**Dame Dorothy Youth and Community Hub, Dock Street, Sunderland, SR6 0EA**

Thursday 24th July 10am – 2pm

Friday 25th July 10am – 2pm

Saturday 26th July 10am – 2pm

Monday 28th July 10am – 2pm

Tuesday 29th July 10am – 2pm

Wednesday 30th July 10am – 2pm

Thursday 31st July 10am – 2pm

Friday 1st August 10am – 2pm

Monday 4th August 10am – 2pm

Wednesday 6th August 10am – 2pm

Saturday 9th August 10am – 2pm

Monday 11th August 10am – 2pm

Wednesday 13th August 10am – 2pm

Saturday 16th August 10am – 2pm

Monday 18th August 10am – 2pm

Wednesday 20th August 10am – 2pm

Age 5-11yrs

To book your place

Website: [www.sunderlandcommunityactiongroup.com](http://www.sunderlandcommunityactiongroup.com)

Email: [judebrit\\_scag@hotmail.com](mailto:judebrit_scag@hotmail.com)

Telephone: 0191 5561047

**Science Buddies (SEND)**

**Dame Dorothy Primary School Hub, Dock Street, Sunderland, SR6 0EA**

Thursday 24th July 9.30am – 1.30pm

Friday 25th July 9.30am – 1.30pm

Monday 28th July 9.30am – 1.30pm

Tuesday 29th July 9.30am - 1.30pm

Wednesday 30th July 9.30am – 1.30pm

Thursday 31st July 9.30am – 1.30pm

Friday 1st August 9.30am – 1.30pm

Monday 4th August 9.30am – 1.30pm

Tuesday 5th August 9.30am – 1.30pm

Wednesday 6th August 9.30am – 1.30pm

Thursday 7th August 9.30am – 1.30pm

Friday 8th August 9.30am – 1.30pm

Monday 11th August 9.30am – 1.30pm

Tuesday 12th August 9.30am – 1.30pm

Wednesday 13th August 9.30am – 1.30pm

Thursday 14th August 9.30am – 1.30pm

Age 4-18yrs

To book your place

Website: [www.sciencebuddies.co.uk/events](http://www.sciencebuddies.co.uk/events)

Email: [info@sciencebuddies.co.uk](mailto:info@sciencebuddies.co.uk)

Telephone: 07772477201

## **SNYP (Southwick Neighbourhood Youth Project)**

**Southwick Road, Sunderland, SR5 2AB**

Monday 28th July 11am – 3pm

Tuesday 29th July 11am – 3pm

Wednesday 30th July 11am – 3pm

Friday 1st August 11am – 3pm

Monday 4th August 11am – 3pm

Tuesday 5th August 11am – 3pm

Wednesday 6th August 11am – 3pm

Thursday 7th August 11am – 3pm

Monday 11th August 11am – 3pm

Tuesday 12th August 11am – 3pm

Wednesday 13th August 11am – 3pm

Thursday 14th August 11am – 3pm

Monday 18th August 11am – 3pm

Tuesday 19th August 11am – 3pm

Wednesday 20th August 11am – 3pm

Thursday 21st August 11am – 3pm

Age 7-14yrs

To book your place

Website: [snyp.co.uk](http://snyp.co.uk)

Email: kayleighsnyp@outlook.com

Telephone: 01915491179/073052242

## **Swim City/Ice Kids Monkwearmouth**

**Monkwearmouth Academy, Torver Crescent, SR6 8LG**

Monday 28th July 10am – 2pm

Tuesday 29th July 10am – 2pm

Wednesday 30th July 10am – 2pm

Thursday 31st July 10am – 2pm

Friday 1st August 10am – 2pm

Monday 4th August 10am – 2pm

Tuesday 5th August 10am – 2pm

Wednesday 6th August 10am – 2pm

Thursday 7th August 10am – 2pm

Friday 8th August 10am – 2pm

Monday 11th August 10am – 2pm

Tuesday 12th August 10am – 2pm

Wednesday 13th August 10am – 2pm

Thursday 14th August 10am – 2pm

Friday 15th August 10am – 2pm

Ages 4-16yrs

To book your place

Website: <https://swimcitygb-booking.swimphony.io/>

Email: [info@swimcitygb.co.uk](mailto:info@swimcitygb.co.uk)

Telephone: 07590190031

## **Swim City/Ice Kids Cooking Course**

**Monkwearmouth Academy, Torver Crescent, SR6 8LG**

Thursday 24th July 10am – 2pm

Friday 25th July 10am – 2pm

Saturday 26th July 10am – 2pm

Sunday 27th July 10am – 2pm

Monday 28th July 10am – 2pm

Tuesday 29th July 10am – 2pm

Wednesday 30th July 10am – 2pm

Age 4-16yrs

To book your place

Website: <https://swimcitygb-booking.swimphony.io/>

Email: [info@swimcitygb.co.uk](mailto:info@swimcitygb.co.uk)

Telephone: 07590190031

## **Swim City/Ice Kids Monkwearmouth - Roker Beach**

**Monkwearmouth Academy, Torver Crescent, SR6 8LG**

Saturday 26th July 10am – 2pm

Sunday 27th July 10am – 2pm

Saturday 2nd August 10am – 2pm

Sunday 3rd August 10am – 2pm

Saturday 9th August 10am – 2pm

Sunday 10th August 10am – 2pm

Saturday 16th August 10am – 2pm

Sunday 17th August 10am – 2pm

Saturday 23rd August 10am – 2pm

Sunday 24th August 10am – 2pm

Saturday 30th August 10am – 2pm

Sunday 31st August 10am – 2pm

Age 4-16yrs

To book your place

Website: <https://swimcitygb-booking.swimphony.io/>

Email: [info@swimcitygb.co.uk](mailto:info@swimcitygb.co.uk)

Telephone: 07590190031

## **Sportsking Coaching Nerf**

**Castle View Enterprise Academy, Castletown, Hylton Castle, SR5 3DX**

Monday 21st July 10am – 3pm

Tuesday 22nd July 10am – 3pm

Monday 28th July 10am – 3pm

Tuesday 29th July 10am – 3pm

Monday 11th August 10am – 3pm

Tuesday 12th August 10am – 3pm

Age 4-16yrs

To book your place

Email: [jk7sportsking@aol.co.uk](mailto:jk7sportsking@aol.co.uk)

Phone: 07795024333

## **Sportsking Coaching - Football**

**Castle View Enterprise Academy, Castletown, Hylton Castle, SR5 3DX**

Monday 21st July 10am – 3pm

Tuesday 22nd July 10am – 3pm

Monday 28th July 10am – 3pm

Tuesday 29th July 10am – 3pm

Monday 4th August 10m – 3pm

Tuesday 5th August 10am – 3pm

Monday 11th August 10am – 3pm

Tuesday 12th August 10am – 3pm

Monday 18th August 10am – 3pm

Tuesday 19th August 10am – 3pm

Tuesday 26th August 10am – 3pm

Wednesday 27th August 10am – 3pm

Age 4-16yrs

To book your place

Email: [jk7sportsking@aol.co.uk](mailto:jk7sportsking@aol.co.uk)

Phone: 07795024333

## **Sportsking Coaching – Glow In The Dark Sports**

**Castle View Enterprise Academy, Castletown, Hylton Castle, SR5 3DX**

Thursday 24th July 10am – 3pm

Friday 25th July 10am – 3pm

Thursday 31st July 10am – 3pm

Friday 1st August 10am – 3pm

Thursday 14th August 10am – 3pm

Friday 15th August 10am – 3pm

Monday 18th August 10am – 3pm

Tuesday 19th August 10am – 3pm

Thursday 28th August 10am – 3pm

Friday 29th August 10am – 3pm

Age 5-16yrs

To book your place

Email: [jk7sportsking@aol.co.uk](mailto:jk7sportsking@aol.co.uk)

Phone: 07795024333

## **Sportsking Coaching - Cheerleading**

**Castle View Enterprise Academy, Castletown, Hylton Castle, SR5 3DX**

Thursday 7th August 10am – 3pm

Friday 8th August 10am – 3pm

Age 4-16yrs

To book your place

Email: [jk7sportsking@aol.co.uk](mailto:jk7sportsking@aol.co.uk)

Phone: 07795024333

## **Sportsking Coaching - Dance**

**Castle View Enterprise Academy, Castletown, Hylton Castle, SR5 3DX**

Thursday 24th July 10am – 3pm

Friday 25th July 10am – 3pm

Thursday 31st July 10am – 3pm

Friday 1st August 10am – 3pm

Thursday 14th August 10am – 3pm

Friday 15th August 10am – 3pm

Thursday 28th August 10am – 3pm

Friday 29th August 10am – 3pm

Age 4-16yrs

To book your place

Email: [jk7sportsking@aol.co.uk](mailto:jk7sportsking@aol.co.uk)

Phone: 07795024333

## **Sportsking Coaching STEAM**

**Castle View Enterprise Academy, Castletown, Hylton Castle, SR5 3DX**

Thursday 7th August 10am – 3pm

Friday 8th August 10am – 3pm

Thursday 21st August 10am – 3pm

Friday 22nd August 10am – 3pm

Age 4-16yrs

To book your place

Email: [jk7sportsking@aol.co.uk](mailto:jk7sportsking@aol.co.uk)

Phone: 07795024333

## **Tailored Leisure**

**New Springs City Church SR6 9QR**

### **Various times and locations**

Thursday 24th July 10.30am – 1.30pm (Age 5-16yrs Aquatic Centre)

Friday 25th July 11am – 2pm (Age 5-16yrs Supertramp)

Monday 28th July 1pm – 4pm (Age 11-16yrs Cinema)

Tuesday 29th July 11am – 2pm (Age 5-16yrs New Springs City Church)

Wednesday 30th July 11am – 2pm (Age 5-16yrs Bowling)

Thursday 31st July 11am – 2pm (Age 5-16yrs New Springs City Church)

Friday 1st August 11am – 1.30pm (Age 5-16yrs Down at the Farm)

Monday 4th August 11am - 1.30pm (Age 5-16yrs Raich Carter)

Tuesday 5th August 11am – 2pm (Age 5-16yrs Bowling)

Wednesday 6th August 11am – 2pm (Age 11-18yrs Supertramp)

Age 5-16yrs

To book your place

Website: [www.tailoredleisure.co.uk](http://www.tailoredleisure.co.uk)

Email: [info.tailoredleisure@gmail.com](mailto:info.tailoredleisure@gmail.com)

Phone: 07861247658

## **The Sensory Place (SEND)**

**Supertramp, Sunrise Enterprise Park, Sunderland, SR5 3RX**

Monday 4th August 10am – 2pm

Wednesday 6th August 10am – 2pm

Friday 8th August 10am – 2pm

Tuesday 12th August 10am – 2pm

Tuesday 19th August 10am - 2pm

Sunday 31st August 10am – 2pm

Age 5-16yrs

To book your place

Website: [thesensoryplace.net/book-online](http://thesensoryplace.net/book-online)

Email: [thesensoryplace@outlook.com](mailto:thesensoryplace@outlook.com)

## **Weights & Cakes**

### **The Kings Road, Southwick, Sunderland, SR5 2JD**

Thursday 24th July 3pm – 7pm

Friday 25th July 10am – 2pm

Monday 28th July 3pm – 7pm

Tuesday 29th July 3pm – 7pm

Thursday 31st July 3pm – 7pm

Friday 1st August 10am – 2pm

Monday 4th August 3pm – 7pm

Tuesday 5th August 3pm – 7pm

Thursday 7th August 3pm – 7pm

Friday 8th August 10am – 2pm

Monday 11th August 3pm – 7pm

Tuesday 12th August 3pm – 7pm

Thursday 14th August 3pm – 7pm

Friday 15th August 10am – 2pm

Monday 18th August 3pm – 7pm

Tuesday 19th August 3pm – 7pm

Age 8-18yrs

To book your place

Email: [info@weightsandcakes.com](mailto:info@weightsandcakes.com)

Telephone: 07565964173